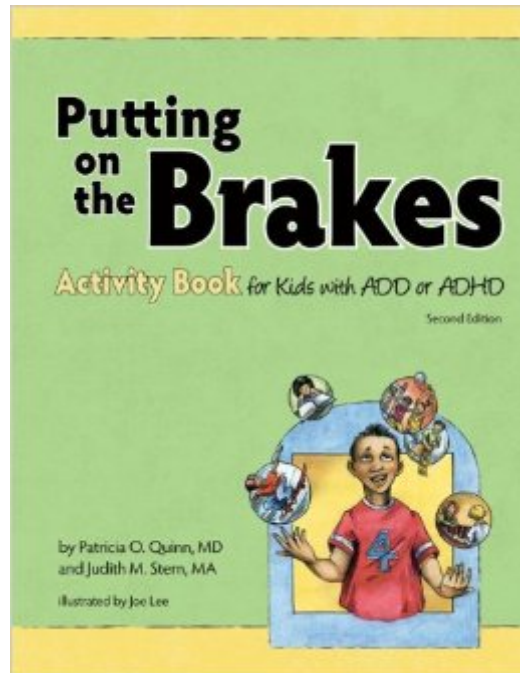


The book was found

Putting On The Brakes Activity Book For Kids With Add Or ADHD



Synopsis

This guide is packed with useful and empowering lessons/skills kids can apply to and implement in their daily lives. It shows kids all of the ways they can take control of their AD/HD - the Activity Book teaches them that they have choices that can immensely improve their everyday life.

Book Information

Paperback: 96 pages

Publisher: Magination Press; 2nd edition (March 1, 2009)

Language: English

ISBN-10: 1433804417

ISBN-13: 978-1433804410

Product Dimensions: 8.5 x 0.2 x 11.1 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (12 customer reviews)

Best Sellers Rank: #61,677 in Books (See Top 100 in Books) #27 in [Books > Health, Fitness & Dieting > Children's Health > Learning Disorders](#) #125 in [Books > Children's Books > Education & Reference > Study Aids > Children's General Study Aids](#) #393 in [Books > Children's Books > Growing Up & Facts of Life > Health](#)

Age Range: 8 - 12 years

Grade Level: 3 - 7

Customer Reviews

I'm a child therapist that specializes working with AD/HD kids, and this is a must have working with kids with AD/HD, or parenting a child with AD/HD. Instead of simply reading about AD/HD, kids are able to do activities learning about and learning to take responsibility for their AD/HD.

Activities are good if you have a somewhat creative child. My child is not completely great with using the book but he was able to learn about being ADHD. We sat down and read parts of the book together. My son is 6 and most of the book was way ahead of his age. I would recommend for a preteen.

I purchased the book for the child of a close friend of mine. This book is helping her understand her feelings as well as specific challenges she faces because of her ADHD. I recommend this book to every child with ADHD. The book is designed in a very child friendly way.

I purchased this to use with my 11-year old granddaughter. I wasn't sure if I would be able to get her to work with it because of her "attitude"? But it turns out she loves this workbook, it gives her a chance to say what SHE feels and she was surprised that I got it for her and that I actually cared! So I am recommending that everyone try it.

Was happy to see that this has been updated in such a current and (very) useful style! I had stopped using the first edition, because it was almost obsolete. You won't be disappointed having this in your tool box with these updates. .

I'm a postdoc working with middle schoolers two days a week, and this far they have all responded well to this workbook; a rarity in our field.

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Teaching Teens With ADD, ADHD & Executive Function Deficits: A Quick Reference Guide for Teachers and Parents
I Always Want to Be Where I'm Not: Successful Living with ADD and ADHD

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